

Foods Graminia School
Complementary Course Descriptions
2022-2023

Graminia Families in Gr 7-9 will choose 3 options each term. Please see below the choices and descriptions for the complementary courses for Term Two

Term 2

(December - March)

Complementary Course Option 1
Choose one of the following
(Mondays & Tuesdays Block 6)

Beginner Band (Mr West) - Full Year - \$35 (paid in Term 1 only) + **Instrument Rental** (typically \$21/month)

Beginning Band is the first level of the band program at Graminia and is open to students in grade 7, 8 and 9. In this class, students will have the opportunity to choose and learn a woodwind, brass or percussion instrument and continue with that chosen instrument in a group setting. Students learn the fundamentals necessary to properly hold and produce a characteristic sound on a band instrument. Instrument care and proper rehearsal etiquette are taught and practiced. Students participate in two evening concerts and get the opportunity to go on exciting field trips.

Foods gr 8 only (Mr Sloane) - \$35

In Foods class, students will learn skills related to the culinary industry including food prep, workstation cleaning, and working with a team. Students will cook breakfast, lunch, supper, and dessert items.

Outdoor Winter Activities (Mrs. Holst) - No Cost

This is a lifestyle and athletic opportunity for students who are eager to engage in a wide range of winter outdoor activities. These activities will be focused on further developing students' interest in outdoor and lifelong movement opportunities in the winter. Throughout the term this course will endeavor to develop students' enjoyment of activities such as, but not limited to, ice skating, curling, snowshoeing, x-country skiing and broomball.

Leadership in Basketball (Mr Inglehart) - No Cost

Students will get the opportunity to develop an understanding of what it takes to build a strong sports program in order to be successful. The areas that we are going to cover include: training both in and out of season, specific skills for the sport, basics of coaching, basics of refereeing and strategies. Students will be able to use this information throughout their athletic careers as well as for any coaching/refereeing opportunities they may have in the future. This course will be offered for specific sports throughout the year, usually during the school season when it is played.

Engineering Robotics (Mr. Fraser) - \$10

Engineering Robotics uses Lego EV3 Mindstorm kits to teach the basics of designing robots. Students will plan, build, and then control robots to accomplish a variety of tasks. Students will be working in groups and collaborating/competing with their peers. In addition, projects, presentations, and film clips will be used to explore the role that robots have in society.



Film Journalism (Mr. Breckenridge) - No Cost

In this challenge, students will explore the elements of effective filmmaking and gain an understanding of editorial writing techniques through viewing a variety of films and writing movie reviews. Titles selected will cover a variety of genres and periods, and students will have the freedom to express their inner voice and preferences. Students will also uncover what makes a film and review “good”.

Building Construction (Mr. Lygo) - \$40

Students will have the opportunity to construct a number of small wood projects. Students will learn the importance of material selection, understanding Imperial measurement, shop safety, and appropriate use of hand tools in the construction of their projects. They will also learn the importance of planning, budget, and attention to detail.

Complementary Course Option 2

**Choose one of the following
(Mondays & Tuesdays Block 7)**

Drama - FULL YEAR - (Mrs Jacobs) - \$50 (paid in Term 1 only)

In this full year option, students will explore character, movement, speech and elements of design through an immersive, performance based experience. Students who take Drama will participate in the production of TWO one-act performances: After completing the Orientation unit, in which students learn games and basics in order to get to know and become comfortable with one another, we will begin rehearsing our first play, which will be a Holiday show to be performed in December. Before Spring Break, students will work as a collective to choose our second one-act play (final choice to be approved by Mrs. Jacobs), which will be performed in May.

The Art of Craft (Mrs. Holst) - \$15

This class will give students a chance to spark their creativity through crafting. They will learn new skills and have some hands-on fun. Projects may include scrapbooking pages, making cards, origami and beading; the possibilities are endless! Bring your ideas and enthusiasm to explore your crafty side!

Design Studies (Mr Lygo) - No Cost

This challenge allows students the opportunity to explore the realm of aesthetics and design as they apply to living spaces and architecture. Effective use of space, selection of materials, budgeting and visual appeal will all be considered as students design their own spaces or adapt existing designs. Whether students desire to design single rooms, or even entire homes,

students will become familiar with design language, drafting techniques, and how to visualize a space.

Genius Hour (Mr. Inglehart) - No Cost

This is a project-based course that gives students the opportunity to explore their own passions and interests beyond the curriculum. Students will select a topic of inquiry, research it, and plan a culminating presentation to share with classmates.

Art (Mr. Breckenridge) - No Cost

This projects based course uses a variety of techniques and supplies to explore a number of traditional visual art forms. These forms might range from abstract and modern compositions to still life and other creative art projects. Some of these projects will be instructor selected, and others you will have some input in selecting. Media that we will be focusing on will be acrylic and/or watercolour paint, pencil, paper/clay sculpture, and other non-traditional materials.

Creative Writing (Mr Fraser) - No Cost

In creative writing, students will be given the opportunity to develop their writing skills through a variety of activities and creative writing tasks. Students will learn about the writing process including planning, drafting, revising, editing, and publishing written work.

French as a Second Language (Mme Shea-Pecoskie) - Full Year - \$20

This course will focus on oral communication skills in French. Students will engage in authentic conversations (ex. ordering a coffee/meals etc). This course encourages students to focus on improving *confidence* in speaking and listening in French in a range of everyday situations. The fee attached will contribute to the authentic experiences with food, and possible excursions.

Complementary Course Option 3

**Choose one of the following
(Wednesdays and Thursdays Block 7)**

Senior Band (Mr West) - Full Year - \$35 (paid in Term 1) + Instrument Rental (typically \$21/month)

Senior Band is the second full year program designed to continue to develop the student's ability in instrumental music. Basic music reading skills are reinforced and students continue to refine correct posture for playing. Jazz, rock, and improvisation are also introduced this year. Students participate in two evening concerts and get the opportunity to go on exciting field trips.

Foods gr 8 only (Mrs. Holst) - \$35

In Foods class, students will learn skills related to the culinary industry including food prep, workstation cleaning, and working with a team. Students will cook breakfast, lunch, supper, and dessert items.

X-Country Skiing (Mr. Breckenridge) - No Cost

This is a lifestyle and athletic opportunity for students who are eager to explore the world of x-country skiing. Students will engage in regular outdoor sessions where they will be introduced to the basics of x-country skiing. They will develop the basic skills of traditional skiing and be able to practice and develop those skills while encouraging a healthy appreciation of the sport that extends beyond the course.

Outdoor Winter Activities (Mr. Sloane) - No Cost

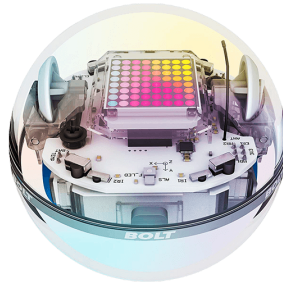
This is a lifestyle and athletic opportunity for students who are eager to engage in a wide range of winter outdoor activities. These activities will be focused on further developing students' interest in outdoor and lifelong movement opportunities in the winter. Throughout the term this course will endeavor to develop students' enjoyment of activities such as, but not limited to, ice skating, curling, snowshoeing, x-country skiing and broomball.

Academic Leadership (Mrs Jacobs) - No Cost

Students will be provided with leadership opportunities to work with students in younger grades. Students will develop their leadership skills and build connections by assisting younger students in a variety of ways.

Coding Robotics (Mr. Fraser) - \$10

In Coding Robotics, students use Sphero Bolt robots and Micro:bit pocket computers to learn the basics of coding/programming. Students will complete a wide variety of robot/computer tasks while learning how to code using drawing, blocks, python, and javascript. If you enjoy working with technology, this is the course for you!

**Building Construction (Mr. Inglehart) - \$40**

Students will have the opportunity to construct a number of small wood projects. Students will learn the importance of material selection, understanding Imperial measurement, shop safety, and appropriate use of hand tools in the construction of their projects. They will also learn the importance of planning, budget, and attention to detail.